



# THE BACKPACKER'S HANDBOOK

*Chris Townsend*

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**THE BACKPACKER'S HANDBOOK** Chris Townsend

"The most up-to-date and comprehensive guide to equipment and technique available anywhere."—*Backpack* (UK)

This enormously practical guide includes everything from essential techniques such as map and compass work to the skills needed for more remote wilderness journeys—such as how to ford rivers safely and how to choose a route through untracked terrain. As a gear advisor, this book is unequalled. You'll find the last word on:

- How to choose packs and footwear—and make sure they fit
- What clothing to take on the trail
- Tents, tarps, stoves, water purifiers, and other gear
- GPS, cell phones, and other electronic devices
- And much more

Now in its third edition, *The Backpacker's Handbook* also covers desert hiking, ultralight backpacking, and adventure trekking in distant corners of the globe. Indeed, there is little about backpacking Chris Townsend does not cover. This trusted reference will prepare you for the challenges and excitement of backpacking the wilderness.

"A clear and comprehensive primer on backpacking gear. Townsend's knowledge is immense."—*Sierra*

"Belongs in every bookcase dealing with outdoor topics. . . . Chockablock full of useful, practical, commonsense info. . . . If you tramp the outdoors, get this book."—*Maine Sportsman*

"For those thinking of taking a backpack journey, *The Backpacker's Handbook* is required reading."—*Daily Local News* (West Chester, PA)

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