



# The Group as an Object of Desire: Exploring Sexuality in Group Therapy

*Morris Nitsun*

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Why do people find it so difficult to talk openly about sex?

In this original and ground-breaking book, Morris Nitsun argues that desire and sexuality are key components of human experience that have been marginalized in the group psychotherapy literature.

Drawing on theory from psychoanalysis, developmental psychology and sociology, while keeping the group firmly in focus, he creates a picture of the potential in group therapy for the most intimate narrative. Highlighting current concerns about sexual identity, boundary transgression and what constitutes effective psychotherapy, detailed clinical illustrations cover areas such as:

- The erotic connection
- The dissociation of desire
- The group as witness
- Erotic transference and counter-transference

Psychotherapists and all those interested in sexual development and diversity will value the challenging approach to sexuality this book offers.

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