



Jam On: The Craft of Canning Fruit

Laena McCarthy

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Fresh, hip cookbook takes jamming out of grandma's kitchen and into the 21st century

In *Jam On*, New York's "Jam Queen" Laena McCarthy shares her love of making inventive handmade jam with delicious recipes and canning techniques. Her down-to-earth approach and unique, easy method allows even the novice cook to make fresh and exciting jam. The recipes in *Jam On* use less sugar, making the jams not only healthier, but more intensely flavorful than your average fruit concoction. With step-by-step instructions and four-color photographs throughout, McCarthy guides readers through the canning process and offers inventive herb and spice combinations for a range of signature jams.

Recipes include:

- Grapefruit & Smoked Salt Marmalade
- Strawberry Balsamic Jam
- Easy Like Sunday Morning Blueberry Preserves
- Tiny Strawberry Preserves with Thai Basil
- Rhubarb Hibiscus Jam
- Spiced Beer Jelly
- Hot Fireman's Pear Jam
- Lime & Pandan Marmalade
- and much more



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