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*Be the Change* celebrates the personal transformations of men and women who, by working to change the world, changed themselves. Featuring interviews with over 1,000 volunteers, from everyday people to business and community leaders to celebrities, the book combines hands-on advice on ways to get involved with enlightening real-life stories from those who did. Inspirational yet practical, it's the perfect companion for readers who want to stop daydreaming about a more fulfilling life and a better world and take action to do so.

Includes forewords by President George H. W. Bush and Tom Brokaw

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