



# Parenting with Pride Latino Style

*Carmen Inoa Vazquez*

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## **Parenting with Pride Latino Style** Carmen Inoa Vazquez

From a distinguished psychologist, mother, and Latina, *Parenting with Pride Latino Style* offers the first bicultural child-rearing approach for Latino parents. This groundbreaking book supports families in raising their children with time-honored Hispanic values while incorporating the best that North America has to offer.

Dr. Vazquez's unique parenting method, the New Traditionalism (El Nuevo Tradicionalismo), preserves classic Latino ideals, such as pride, family loyalty, and courtesy, while helping parents revise their traditional authoritarian child-rearing style, blending the best of Latino and American cultures and dramatically reducing cultural conflict in the family. Her seven steps to successful parenting are grounded in the acronym ORGULLO ("pride"):

O: Organize your feelings R: Respect your child's feelings G: Guide and teach your child; do not dictate U: Update your media awareness often L: Love your child for who she or he is L: Listen to your child O: Open the communication channels -- and keep them open

Self-assessments and reflection exercises help parents resolve the dilemmas produced when two cultures combine. Detailed examples show how to use these methods immediately in daily life -- from family relationships to children's friendships to school issues.

Clear, compassionate, and based on Dr. Vazquez's personal experience as a Latina professional and parent, *Parenting with Pride Latino Style* is the one book that enables contemporary Latino parents to pass on their rich cultural heritage to their children -- and to future generations as well.

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