

# Coming Through Depression: A Mindful Approach to Recovery

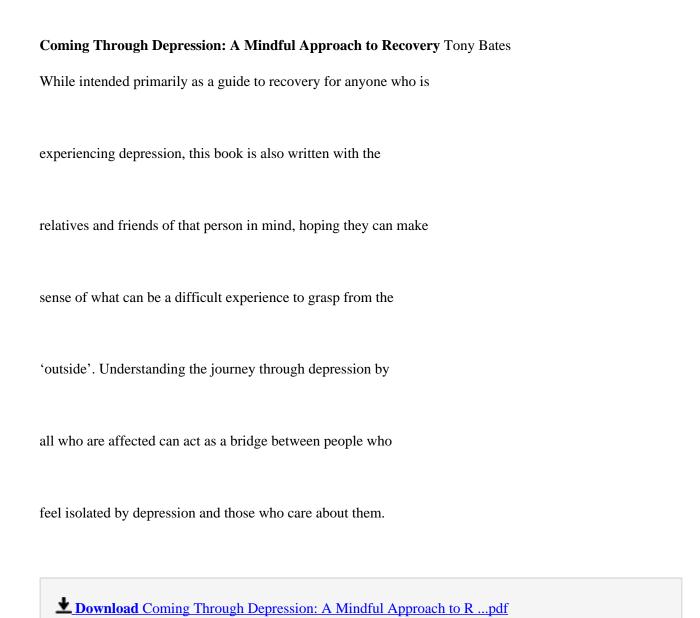
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