



No More Bedwetting: How to Help Your Child Stay Dry

Samuel J. Arnold

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In this reassuring, eye-opening book, noted urologist Samuel J. Arnold explains how almost all childhood bedwetting can be cured or controlled. Drawing on over 35 years of experience--and thousands of actual cases--Dr. Arnold illustrates how, contrary to conventional thinking, most bedwetting is caused by underlying physical conditions--conditions that often can be corrected quickly and effectively. And he dispels the harmful and mistaken notion that long-term bedwetting is caused by disobedience, toilet-training conflicts, or parental attitudes.

This essential and supportive guide can help you help your child. No More Bedwetting reveals:

- * The many different factors behind bedwetting
- * How to determine the root cause of your child's problem and what to do about it
- * The roles of heavy sleep, diseases, anatomical problems, allergies, hormones, and other factors
- * The damage of harmful treatments such as punishment or withholding fluids
- * A full range of tested strategies and recommendations

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