



# **Coping with Chronic Illness: A Cognitive-Behavioral Approach for Adherence and Depression: Therapist Guide (Treatments That Work)**

*Steven Safren, Jeffrey Gonzalez, Nafiseh Soroudi*

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Coping with Chronic Illness provides a unique approach to treating depressed clients with chronic illness. It includes innovative Life-Steps Module and teaches clients how to take good care of themselves despite their depression.

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