



# **The Complete Guide to Green Building & Remodeling Your Home: Everything You Need to Know Explained Simply (Back-To-Basics)**

*Martha Maeda*

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In today's economy and in response to the growing awareness of how much damage has been done to the environment in the past, people cannot afford to delay considering ways they can build or remodel their homes to ensure they are green and resource-friendly. This book will guide you and your family through the process of learning more about and implementing the necessary changes to a new, green lifestyle.

Discover why people have started to build green and how it can be done in today's market quickly and inexpensively. You will learn how to remodel with green in mind and how to start working with building professionals who can provide the necessary materials, plans, and paperwork you need to proceed. Your Guide to Green Building will cover which materials are best for green building and how to choose between all the choices. You will learn how to not only use these materials but also how to make sure the construction process is green as well. The basics of framing your building, natural building methods, the energy systems you might use, and the heating/cooling options at your disposal are all here, right at your fingertips.

Construction and environmental experts have been interviewed, and their expertise is included in this book to help you complete your green dream home, as well as know what kinds of water and waste systems are best, how to site plan and landscape your home, and what the most common myths about green building are. You will learn ten things you can do on any building project to keep it green and any materials you should always have on hand for anything you do around the house. Regardless of whether you are just looking to remodel to make your house greener or are building a new home, this book will give you everything you need to stay green and respect the environment in every aspect of your life.

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