



Altar Ego Study Guide: Becoming Who God Says You Are

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Most people are obsessed with the approval of others. The problem is that living for what people think of you is the quickest way to forget what God thinks about you.

In the six-session *Altar Ego* small group study, pastor and bestselling author Craig Groeschel teaches that if there is any part of your life that is not pleasing to God, He can change it. If you battle with insecurities, self-doubt, or spiritual inconsistencies, Jesus can make you new.

You are not your past. You are not what you did. You are not who others say you are. You are who Christ says you are.

You don't have to get caught up in your self-worth or lack thereof. Your worth is not based on your opinion of yourself. You are valuable because God says you are His.

This participant's guide, designed for use with the *Altar Ego* DVD study, provides individual and group activities, between-session personal studies, quotes, assessments, and additional background material that will enhance your experience of the DVD teaching. *Altar Ego* will help you sacrifice any old, unhealthy, untrue, and unbiblical thoughts about yourself and introduce you to your altar-ego—who you are in Christ.

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