

Badass Blender Body: Stop Chewing Start Losing: (Weight Loss Smoothie Recipes) (Coconut Oil, Detox, Green Smoothie Recipes)

Charity Wilson, My Recipe Journal

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Smoothie Recipes For Weight Loss and Eating Clean

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Kickstart your weight loss, trim your belly, and regain control of your health —all with the push of a button!

One quick blend is all it takes to whip up a Badass Blender Body smoothie – a delicious and healthy mix of supernutrients that will detoxify, reduce sugar cravings and support healthy weight loss.

Smoothies make losing weight easy and you can start today! With the variety of smoothies inside you will find everything you need for fat loss support. Reduce calories and inject high-powered fruits and vegetables into your diet without the hassle of chewing.

One of the best bonuses inside and worth the price alone is the Fruit Infused Water recipes. These recipes take plain old water and turn it into a zero calorie taste bud exploding experience.

With more than 490 intensely flavored recipes and a sound weight loss plan inside Badass Blender Body Smoothies will help you:

- lose weight in a way that feels effortless
- melt away stubborn body fat, especially with the coconut oil smoothies
- reduce bloating and help with digestion
- look, feel, and live younger and healthier than ever
- actually enjoy those green healthy smoothies you have heard so much about

Badass Blender Body Smoothies features hundreds of smoothie recipes that will satisfy almost any dieter's tastes. Whatever flavor you crave you will most likely find it inside. From nutty to chocolatey to fruity to even exotic flavors. Blend up a delicious smoothie today and treat yourself to melting the pounds away.

Don't delay and grab your copy today to enjoy Badass Blender Body Smoothies which included the following books:

50 Weight Loss Shakes: Lose Weight Naturally With Coconut Oil And Coconut Milk Smoothies Smoothie Recipes: 101 Smoothie Recipes For Weight Loss, Going Green and Overall Health Muscle Building Smoothies Vol. 1: Protein Powered Shakes For Lean & Mean Muscle Mass Muscle Building Smoothies Vol. 2: Preworkout Nutrition For Crossfit, Bodybuilding & Getting Lean Muscle

Mass

Muscle Building Smoothies Vol. 3: Postworkout Nutrition For Crossfit, Bodybuilding & Maximum Muscle Muscle Building Smoothies Vol. 4: Fat Burning Smoothies For Getting Your Lean Mean Muscle Seen Green Smoothie Cleanse Vol. 1: Unofficial Extra Recipes For Your 10-Day Cleanse Green Smoothie Cleanse Vol. 2: Unofficial Extra Recipes For Your 21 Day Detox Sugar Detox Cleanse Vol. 1: Unofficial Extra Recipes For Your 21 Day Detox Sugar Detox Cleanse Vol. 2: Unofficial Extra Recipes For Your 21 Day Detox 50 Smoothie Recipes: Sweet, Scrumptious And Succulent Smoothies For A Hot Summer's Night

Bonus Books:

50 Coconut Oil Recipes: Cooking With Coconut Oil And Loving Every Bite Juicing: Recipes - 101 Juicing Recipes For Weight Loss, Detox And Overall Health Fruit Infused Water: 70 Vitamin Water Recipes To Finally Cure Tasteless H2O Weight Loss Salads: 52 Single Serving Sized Salad Recipes For Getting Ripped 25 Fat Burning Recipes

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